



Endodontists

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## AFTER TODAY'S TREATMENT

Patient Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

**Avoid eating or chewing for a minimum of two hours and/or until numbness (lip, tongue) wears off. Biting yourself may cause severe pain when numbness wears off, please be careful.**

It is possible that your tooth will be sore 5 to 7 days. This is due to the previous condition of the tooth and the manipulation within the root canal during treatment. There is no cause for alarm as this is a common consequence of root canal treatment. **Ibuprofen** (Advil, Motrin IB) or other similar strength analgesics (aspirin, Tylenol) should relieve the situation. It is helpful to take 600-mg before the anesthetic wears off, then follow the directions on these over the counter medications. Soaking the treated area with a teaspoon of table salt in a glass of comfortably hot water helps reduce the inflammation.

You may eat anything that you normally eat, unless otherwise instructed. While the tooth is tender avoid chewing in the treated area. Should you have severe discomfort, fever or swelling, please contact this office.

Discomfort following treatment in no way affects the successful outcome of treatment. You may notice a medicinal taste between appointments. This is due to the penetrating quality of the medication in the tooth and is not harmful.

**\*At the final appointment a temporary filling will be placed and then you are to follow up with your general dentist for permanent restoration in a few weeks after treatment is complete. If a permanent filling (amalgam or resin) is placed in our office there will be an additional fee.** It is normal for a thin layer of temporary filling to wear off due to chewing. Should all of the temporary filling come out (or you are in doubt), please call the office. Avoid hard foods: ice, peanuts, etc.

**If you have any questions or problems concerning your treatment, please do not hesitate to call.**

Harlingen: (956) 412-9500

Edinburg: (956) 994-9500

### ***Emergency numbers:***

Dr. Rodriguez Cell: (956) 279-3569

Dr. Treviño Cell: (956) 279-0979

**OFFICE HOURS:** Mon – Thurs 8-5 (lunch 12-1) Friday 8-12 noon

### ***Copy received:***

Patient's initials (guardian, if minor) \_\_\_\_\_ Date: \_\_\_\_\_